RICHMOND BALLET
THE STATE BALLET OF VIRGINIA

CINDERELLA
LECTURE DEMONSTRATION

A TEACHER'S GUIDE
WITH STUDENT ACTIVITIES
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Richmond Ballet is dedicated to the promotion, preservation, and continuing evolution of the art form of ballet. Richmond Ballet strives to keep meaningful works of dance alive and to produce and foster new works that remain true to these values.

In 1980, Ms. Stoner Winslett became the founding artistic director and continues to lead and manage the organization today. Richmond Ballet was the first professional ballet company in Virginia and was designated The State Ballet of Virginia in 1990, by then Governor Wilder.

Richmond Ballet aspires to help transform our world through the unique and special power of dance. Through the work of Richmond Ballet, this community will continue to move towards one that universally respects the value of human life, both physical and emotional; the power of cooperation and mutual respect; the work ethic and discipline required to achieve anything truly meaningful; and the joy of existing in a compassionate community.

THE MISSION OF RICHMOND BALLET IS TO AWAKEN AND UPLIFT THE HUMAN SPIRIT, BOTH FOR AUDIENCES AND ARTISTS.

The Lecture Demonstration brings the language of dance into classrooms across Virginia. Our in-school adaptations of classic ballets provide unique opportunities to see professional dancers up close and personal.

Designed specifically for young audiences, our 45-minute reimagined story ballets provide students with invaluable opportunities to interact with professional dancers. Complete with music, a narrator, and a small cast of dancers, our high-quality performances introduce students to the language of ballet through a combination of storytelling and dance.

During the 2018-19 school year, Richmond Ballet will present an adaptation of Cinderella. Experience the fairy tale that involves a young girl, a sparkling slipper, a handsome prince, and two bossy stepsisters. This magical story with audience participation will have students filled with the joy of dancing.
WHAT’S IT ALL ABOUT?

_Cinderella_ is a fairy tale that has been told from one generation to another. Our version is based upon the classic Charles Perrault story. Once upon a time, there was a lovely girl named Cinderella, who was ill-treated by her stepmother and her two stepsisters, forced to work in the kitchen and wait upon them all.

ACT I
A Room in the House of Cinderella’s Father
The stepsisters argue as they embroider a shawl and then leave the room to start their preparations for the Court Ball, to which they have been invited. Left alone, Cinderella recalls the happy days when her mother was alive. When her kind but weak father attempts to comfort her, he is scolded by the stepsisters and their mother. A mysterious beggar appears. The stepsisters wish to drive the beggar away, but Cinderella shows kindness and gives the beggar bread. When the stepsisters’ preparations, which include a dancing lesson, are complete, the family sets out for the Ball, leaving Cinderella alone and sad. The mysterious beggar woman reappears and is revealed as Cinderella’s fairy godmother. She calls on the fairies of the seasons to transform Cinderella so that she, too, can go to the Ball, but warns Cinderella that she must leave the Ball before midnight, when the spell of her transformation will be broken.

ACT II
A Ball at the Palace
The Ball has begun, and courtiers move about in a formal dance. A fanfare announces the arrival of the Prince. The Jester dances, and Cinderella’s father, stepmother and stepsisters arrive. Mysterious music is heard and Cinderella appears, so beautiful that all take her for a princess; even her family fails to recognize her. The Prince, charmed by her, offers her oranges, the rarest fruit in his land. The courtiers disperse and the Prince and Cinderella, left alone, declare their love for each other. The waltz is resumed and, caught up by the dance, Cinderella forgets her fairy godmother’s warning. The clock strikes twelve and Cinderella rushes from the Palace, losing one of her slippers on the way. The Prince picks up the lost slipper and swears to find the girl he loves.

ACT III
A Room in the House of Cinderella’s Father
Cinderella wakes at her own fireside – was it all a dream? The slipper hidden in her apron convinces her that she really was in the palace and danced with the Prince. The stepsisters enter and proceed to tell Cinderella all about their experiences at the Ball. The Jester arrives to announce that the Prince is looking everywhere for the girl who lost the slipper. The stepsisters try the slipper on in vain. When the second slipper falls out of Cinderella’s apron the Prince recognizes, in the modest and charming Cinderella, the beautiful princess of the Ball.

LECTURE DEMONSTRATION
Our abridged Lecture Demonstration version of _Cinderella_ tells the story from a different perspective. Students will enjoy the viewpoint of her bossy stepsister and how Cinderella’s transformation affects her. Some characters from the full-length ballet, such as the Fairy Godmother, do not appear in this version.
WE WOULD LOVE TO HEAR FROM YOU!

Richmond Ballet believes that a performance is a gift to the audience. Often when we receive a gift we write a thank you note. Our dancers, choreographers, designers, and production staff have been rehearsing and working hard to make sure today’s performance was just right. Tell us what you liked best. Who was your favorite character? Have you ever been to a ballet performance? Use the thought bubbles below to brainstorm some ideas.
STORY SEQUENCING ACTIVITY FOR PRIMARY GRADES

Following the Lecture Demonstration of Cinderella discuss with the class what happened. There are two story sequencing activity options for differentiation. After completing this activity, students may read their book to a friend or take it home to share with their families.

Option 1
Students can make a book using the sentences provided and gluing them onto each story page. Students will need two pages of the template for the eight sentences.

Option 2
Make multiple copies of the storybook template. Each event, or moment, in the story should have its own page. Students write the story in their own words. Be sure to include a blank page for their book cover.

NOTE: Teachers may want to set parameters for the minimum and maximum pages in a student’s story. Teachers may also want to have students cut out the storybook page first so that no writing is cut off or cut the page in half so the pages are ready for writing and no cutting is necessary.
Once upon a time a girl named Cinderella spent her days scrubbing the home in which she lived with her stepmother and stepsisters.

A jester delivers an invitation to a Royal Ball at the palace.

The Prince arrives at Cinderella’s home and, despite her tattered clothing, recognizes the servant girl as his true love from the Ball.

The clock strikes midnight and Cinderella rushes off, leaving her glass slipper behind.

In preparation for the Ball, the Jester teaches the stepsisters to dance.

The Prince and Cinderella dance at the ball.

The Prince places the slipper on Cinderella’s foot and asks her to marry him.

They all lived happily ever after.
Cut out each storybook page on the bolded lines. Write the story of *Cinderella*. Put the storybook pages in order. Have your teacher staple your book. Illustrate the story.
IF YOU HAD A FAIRY GODMOTHER?

If you had a Fairy Godmother who granted your most cherished wishes, what would they be?
WHAT IS A FAIRY TALE?

There are many different kinds of stories. We can sort stories into groups or categories with similar characteristics. These groups are called genres of literature. A fairy tale is a fictional story with magical beings and can take place in a magical or faraway land. Fairy tales come from oral tradition and were told by one generation to the next until someone finally wrote it down. Fairy tales have good and evil characters and usually royalty. Something magical always happens, such as a spell, and during the story a crazy problem has to be solved. Once the problem is solved, everyone lives “happily ever after”. A fairy tale often teaches the reader a lesson.

1. What is a genre of literature?

2. Name at least 3 different genres of literature.

3. What are the characteristics of a fairy tale?

4. How does a fairy tale end?

5. Explain why Cinderella is considered a fairy tale. Be sure to include what you have learned about the fairy tale genre.
LONG ANSWER QUESTIONS

IS IT A FAIRY TALE

We’ve talked about fairy tales and you have seen Cinderella. What are some other fairy tales that you know? How do you know that these stories are also fairy tales?

PUT YOURSELF IN THEIR SHOES

The fairytale is a literary genre in many different cultures. There are many different versions of Cinderella written across the world, including The Golden Sandal: A Middle Eastern Cinderella Story by Rebecca Hickox, Mufaro’s Beautiful Daughters: An African Tale by John Steptoe, and Yeh-Shen: A Cinderella Story from China by Ai-Ling Louie. If a Native American or a person in ancient Egypt had written a version of Cinderella, the setting and characters would probably reflect the people and places most familiar to them. Pretend you are a Native American or ancient Egyptian storyteller and tell the story of Cinderella in words and/or pictures so it would make sense to children of this culture.

ONCE UPON A TIME

Fairy tales often begin, “Once upon a time, a long time ago.” Imagine what Cinderella’s life was like long ago. Answering these questions for both Long Ago and Today:

- What do clothes look like?
- How do people travel?
- What do homes look like?
- How do people celebrate special events?

PERSPECTIVE

The Lecture Demonstration is told from the point of view of the bossy stepsister. How would the story change if told from the point of view of another character?
SHORT ANSWER QUESTIONS

WHERE IN THE WORLD
Charles Perrault lived in France.
Find France on a map. In what continent is France located?

HOW LONG AGO
Charles Perrault’s Cinderella was published in 1697.
How many years ago was Perrault's Cinderella first published?

TIME
What time is midnight? Draw a clock showing midnight.
WORD SEARCH

BALL
BALLET
BROOM
CINDERELLA
DANCE

FAIRY
GODMOTHER
GLASS
SLIPPER
GOWN

JESTER
KINDNESS
LOVE
MAGIC
MIDNIGHT

PALACE
PRINCE
RAGS
STEPSISTER
WALTZ

P V T Z B R A G S G Q S G Y X
K P J J M I D N I G H T O P H
X K G E B A L L E T S E W X E
J U R Y S G L O V E H P N D Q
W K Q C X T L T W P U S S D G
V Q G E F C E R D A Y I D W L
B R O O M X I R R L I S P A A
A N P D D M F N X A O T A V S
X R Y G A M A A D C O E F O S
B A L L W N O G I E I R I T E
F W A L T Z C T I R R F E C G
V G M J O D A E H C Y E N S E
K I N D N E S S S I E D I L B K
A X S L I P P E R E R U M L P
G A R W H U T B A P D J O C A